

Attention Autism (Bucket Time)

Attention Autism is an approach used to build attention and foster communication skills. It aims to develop natural and spontaneous communication through the use of visually based and highly motivating activities. This intervention is devised by Gina Davies, a speech and language therapist who leads the 'Gina Davies Autism Centre'. Gina's primary objective is that the sessions are fun and "offer an irresistible invitation to learn"!

Below are some ideas of stage 2/3 activities for you and your child/children to enjoy together at home.

Spray Paint Art



Fill mini spray bottles with food colouring/paint/watercolour and water. Lay stencils onto card and spray different colours to create a design. Remove stencil to reveal pattern.

Bubble Snake



Pour dish soap into a shallow container with a little bit of water and mix. Dip a sock covered bottle (cut the bottle in half and secure the sock with a rubber band) into the solution and gently blow. Try adding food colouring to the sock covered end for coloured bubbles!

Rainbow Rain



Mix corn flour and water in a tray until you have a gloopy mixture. Drop food colouring into the tray using a pipette. Turn tray upside down above foil to create rainbow rain and rain sounds.

Treacle Trails

Lay out white paper across a shower curtain. Dip fork into treacle and move across white paper to make trails. Can also be used with chocolate or raspberry sauce, honey and golden syrup.

Magic Bottles

Add sugar and food colouring to the lid of plastic bottles and allow to dry (alternatively use gel food colouring and freeze/allow to dry). Fill bottles with water and screw on caps, shake and watch the water change colour. Children can be invited to shake these themselves in stage 3.