

#WALKING FROM HOME

WALKING ACTIVITIES FOR PRIMARY SCHOOL-AGED CHILDREN

LIVING
STREETS

LET'S
WALK TO
SCHOOL



DISCOVER

Getting out on foot and exploring your local area is a great way to stay active, especially while we're all social distancing! The below activities are suitable for primary school children of varying ages, and designed to engage them in their community. Give them a try and share your thoughts, snaps and videos on social media.

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I SPY



AGES 4-7

Can you spot all of these on your walk?

- ☐ POST BOX
- ☐ NEWSAGENT
- ☐ PLACE OF WORSHIP
- ☐ BUS STOP
- ☐ STREAM, RIVER, POND OR PUDDLE
- ☐ FLOWERS



What else did you see?

AGES 8-11

LOCAL SNAPSHOTS

Can you photograph three local landmarks?
Which one is your favourite and why?



INDOOR CHALLENGE

If you could re-imagine the world outside your window, what would you like to see?

Can you draw or paint it?

Living Streets is the UK charity for everyday walking and the people behind the Walk to School campaign.

Our mission is to achieve a better walking environment and inspire people to walk more. To find out how you can become a supporter, download our parent handbook and spread the word about the walk to school:

[LIVINGSTREETS.ORG.UK/WALK-TO-SCHOOL](https://www.livingstreets.org.uk/walk-to-school)

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