



Blackhorse Primary School Newsletter

T1 Wk7: 18th October 2024

Combatting Online Bullying

Each term we focus on an aspect of keeping ourselves safe online. This term the children have been learning about the effects of online bullying and how to ask for help if they are experiencing it.

Children have been taught to recognise the difference between kind and unkind behaviours and how these behaviours can happen online. Older children have also been taught how to recognise the fact that online bullying can be different to bullying in the physical world and the how to recognise how what one person perceives as playful joking and teasing, including banter, might be experienced by others as bullying.



They have been told how to seek help if they feel others are being unkind and how to block abusive users. The [Childline website](#) and phone line 08001111 offer children advice, tips and support regarding any problems they are experiencing. There is also a useful section on [Bullying and Cyberbullying](#) which offers lots of useful support.

For parents who are seeking support [internet matters](#) is a great place to start. They outline the steps to take if you are concerned your child is being targeted online. These include initiating a conversation with your child if you feel they are being targeted and showing your support. If the bullying involves someone in their class or another part of the school then you need to contact the school.

There are ways you can help by blocking the messages and reporting the sender to the social network or gaming platform. It's important to take screen grabs of the messages as evidence of what has happened.

It's also important to continue the dialogue and keep talking with your child after these steps have been taken.

As a school we will be focussing more on these themes during Anti-Bullying week in November. The theme this year is Choose Respect and aims to empower children to not resort to bullying even when we disagree and remind adults to lead by example both online and offline.

We will help raise awareness by holding an Odd Socks Day on 12th November. The message behind this is to pull on odd socks to show we're ALL unique and different, and let's be kind to each other and respect each other's individuality.

Developmental Language Disorder Awareness Day

Developmental Language Disorder (DLD) is a difficulty using and understanding language.



It is diagnosed when children fail to acquire their own language for no obvious reason. This results in children who have difficulty understanding what people say to them, and struggle to articulate their ideas and feelings. It can affect around 2 children in every class.

Today, Friday 18th October, marks DLD awareness day and throughout this week children have been learning more about what it is like to have DLD.

This [short video](#) provides a snapshot of living with DLD

Term 1 Diary Dates:

- Mon 21st Oct: PTA AGM in school and online**
- Tues 22nd Oct: Harvest Assembly**
- Tues 22nd Oct: Parent's Evening**
- Thurs 24th Oct: ESFA School's 7-a-side tournament**
- Thurs 22nd Oct: Parent's Evening**
- Fri 25th Oct: 9:15 KS2 Achievement Assembly**
- Fri 25th Oct: Last day of Term 1**
- Mon 4th Nov: Start of Term 2**

This week's Champions!

Each week, the staff nominate one child per class who has been a model pupil, demonstrating the values which we look for in Champion Learners! This week we have been focussing on the school value of pride. This week our nominees are:

Year	Nominees
Resource Base	Aubrey & Noah
Reception	Eliza & Aaliyah
Year 1	Eloise & Dexter
Year 2	Jaden & Akram
Year 3	Summer & Navy
Year 4	Ava & Avesta
Year 5	Florence S & Melodie
Year 6	Eddie & Isla

Healthy Active Autumn Half Term

HAPPY ACTIVE AUTUMN
FIND YOUR HALF TERM BEANS!
 NAME: _____ HOW MANY LEAVES: _____ DID YOU COLLECT? _____

Physical literacy is our relationship with movement and physical activity throughout life. These activities are a positive way of helping us stay active, benefiting our health and wellbeing. MAKE SURE YOU ASK PERMISSION AND MAYBE ASK FOR SOME HELP FIRST FROM AN ADULT & STAY SAFE WHEN TRYING ANYTHING NEW. Activities can be completed in any order. Challenges are available from your school. Can you achieve Autumn GOLD by completing at least 8 from the list? Try and include at least 3 active challenges.

- Carve a pumpkin and display it somewhere for all to see.
- Make a cake using autumn fruits, e.g. apples, pears, blackberries etc.
- Put on your wellies and wrap up to go for a family autumn walk. Make a hot drink for everyone when you get home.
- Can you help nature this autumn by feeding the birds, encouraging hedgehogs, or creating a bug hotel?
- How many skips can you do in 60 seconds? Can you improve your personal best?
- Rolls and focus with a nature meditation: <https://www.youtube.com/watch?v=3w0000000000>
- How many Star Jumps can you do in 60 seconds? Try to improve your personal best.
- How many catch and claps can you do in 60 seconds? Try to improve your personal best.
- How many sit-ups can you do in 60 seconds? Try to improve your personal best.
- Can you go for a walk, school or non-school day in the holiday?
- Organise a board games night with your family.
- Every day try a 15-minute shake-up game: <https://www.youtube.com/watch?v=3w0000000000>
- Get creative with autumn finds and make some natural and wind art. Take a photo of your creations and show your teacher. Look up the artist Andrew Goldsworthy for ideas.
- Have a fun day out in the local park or woodland. See what is going on in your area: <https://www.nature.org.uk/what-to-do/autumn-activities>
- Perform a random act of kindness for a friend or one of your family.
- Enjoy a family reading day now! Or write your own poem to share with family and friends.

With half term just around the corner we would like to help find ways to keep everyone active throughout the week. It is recommended that children and adults take part in 30 active minutes every day.

To encourage the children to continue being active throughout the week we would like them to choose from a menu of suggestions. That has been sent with this newsletter. Suggestions include putting on your wellies and going for an autumn walk to skipping and star jump challenges. Mindfulness and creativity are also considered with activities such as pumpkin carving and playing board games with the family included.

This week's Champion...

Pride is our focus this week and Akram in Elder has been chosen as our Champion.

Miss Waddicor writes Akram is a fantastic Black-horse role model. He is respectful to everyone in school and he is always looking for ways he can help others. Akram takes pride in everything he does and always looks for ways to make his work even better.



Attendance Champions this week:

Year 5 97.4%



PTA AGM

Our PTA do a great job of raising funds for the school to enable us to provide the extras that make being at Blackhorse extra special. This can not be done without the commitment of its members. The AGM takes place on Monday 21st October at 6:30pm at school. For those who would like to join in remotely you can access the meeting by following [this link](#).

Thank you PTA

We would like to say a big thank you to the members of the PTA for organising 3 excellent discos yesterday. The children really enjoyed the opportunity to come together and dance with their friends. The jury is still out on who won the dance Y5/6 dance off.

The next event Is Books at Bedtime on November 7th.